Workshop

Personal, Cultural, and Professional Identity in Psychiatry

Clinical Awareness and Formation

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This experiential workshop will require you to enter the zoom room with your video and audio on from a location that will provide privacy and confidentiality. Prior to the workshop, please prepare the material below and read the attached articles.

Activity: *"Identity Constellation"*

Participants map identity domains:

- Race / ethnicity
- Gender / sexuality
- Class / socioeconomic background
- Religion / spirituality
- Nationality / immigration history
- Family role (e.g., eldest, caregiver)
- Emerging professional identity (physician, psychiatrist)
- Athletic history (Didn't play at all, quarterback, setter, balance beam, swimmer…)

Instructions

1. Circle 1-2 identities most salient for you in clinical settings
2. Star identities that feel *invisible* vs *hyper visible*
3. Reflect: on which are "given" vs "chosen" vs "contextually activated"?

Pair Share

- "Which identity becomes most activated with patients?"
- "After watching the clinical video which identity is most activated?"

Readings

Charon, R. (2001). Narrative medicine: A model for empathy, reflection, profession, and trust. *JAMA, 286*(15), 1897–1902.

Groves, J. E. (1978). Taking care of the hateful patient. *The New England Journal of Medicine, 298*(16), 883–887.

Verghese, A. (2001). The physician as storyteller. *Annals of Internal Medicine, 135*(11), 1012–1017.

Winnicott, D. W. (1949). Hate in the counter-transference. *International Journal of Psycho-Analysis, 30*, 69–74.