Psycho-social Section of the Group Analytic Society Belgrade and Koinonia-Art

REFLECTIVE CITIZENS KOINONIA

"*Заједничарење*" in Different Languages

First International Virtual Workshop

Saturday 25th April 1pm – 4.45 pm (Central European Time)
In English and other languages

Venue: virtual "ZOOM" room hosted by Koinonia-Art Belgrade
Registration on stefancerovina1988@yahoo.com and dr.marinamojovic@gmail.com

Conveners:

Marina Mojović & Jelica Satarić

With hosting staff:

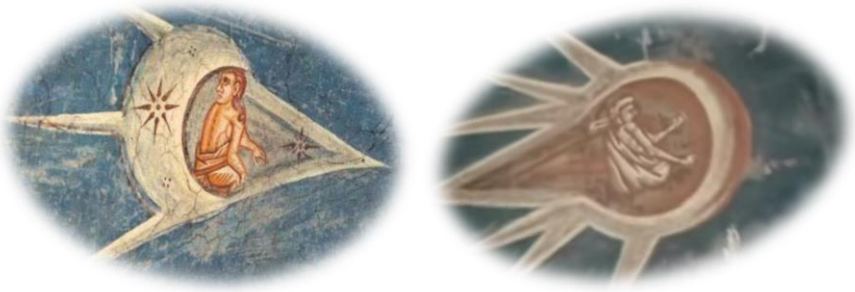
Stefan Cerovina, Marijana Ajduković, Dragoslav Stefanović, Dragana Dragojević, Angela Eden, Alice Mulasso, Francesca Bascialla, Lorenzo la Scala, James Krantz, Dale Godby, Klavdija Grkman
Marija Jevtić, Tanja Štrbac, Miroslav Maksimović, Danica Banašević, Jelena Tasić Plećaš

VIRTUAL REFLECTIVE CITIZENS KOINONIA
"ЗАЈЕДНИЧАРЕЊЕ" (ZAJEDNIČARENJE) IN DIFFERENT LANGUAGES

Faced with changes linked to the current pandemics, most of us are searching for the ways of adaptation to the new circumstances in our homes, families, neighborhoods, work-places, social, political, religious, sports and other usual activities – thereby endeavoring to preserve meaningful human contacts and relationships. Similarly, is with our **RC Koinonia**: hosts, and all engaged (founders, RC-conveners & RC-organizers, RC-trainers, RC-citizen-participants) are also searching for space & time for RC.

Having in mind the usual **adaptability of RC Koinonia** to various circumstances and available spaces (initially emerged on the margins of Belgrade peace protests in the Horrible Nineties, slowly growing: being successfully organized in schools, coffee shops, museums, dancing theaters, ship wrecks, cottages, parks, libraries, etc., often in highly traumatized communities, but usually enjoying heterogeneous assembly), expected was to find new survival ways. As if the RCs were waiting for us to first take care the primary needs: safety of ourselves, patients and families, so that we could then be able to reflect on our roles as citizens and other roles which we have in our neighborhoods, our local societies, regions and the world.

This time RC found a place in the "**virtual" space**. Although, often described as not real enough, we made a first experiment of the Virtual RC on Saturday 11th April 2020, which was convened by dr.Marina Mojović and dr.Jelica Satarić , with a team of 8 RC-trainees in Serbian language. We had over 60 participants, mostly from Serbia, but also from Bosnia, Croatia, Slovenia, UK, Dubai, Luxembourg. We were surprised that it indeed enabled genuine gathering of citizens, and encouraged us to continue. In addition, we realized that there participated people who were for long interested, but were to far-away.



Therefore, we decided to make the **second experiment**: organize this **First International "RC Koinonia" workshop to be held on "ZOOM"** - application which till now was doing well when it comes to group work.
Welcome and, please be free to invite people who you think might be interested, too. This is the usual style, RC is flourishing in different places in the region and Europe. As far as the current list of registered participants, we already have from few continents.

Workshop is free of charge as are all RCs from this RC Koinonia

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Program of the Workshop

12.30 - 12.55 **Entry Event** with part of hosting team: Arrivals to the zoom room, first encounters, sorting out any technical or other practical problems. 25min

13.00 **Beginning of RC Workshop**

13.00 – 13.10 **Introduction to WS** Marina & Jelica. 10min

13.10 – 13.50 **Social Dreaming Matrix**. Hosted by Angela Eden &Marina 40min

13.50 – 14.40 RC Large Group 1 (M&J with staff team) 50min

14.40 - 14.50 Moving towards the RC Small Groups – to your zoom room 10min

14.50 - 15.30 Work in RC Small Groups with Facilitator pair. 40min

15.30 – 15.35 Moving towards RC Large Group 2 (zoom room same as LG 1). 5min

15.35 - 16.45 RC Large Group 2 and RAG (review and application group). 70min

16.45 **End of the RC Workshop**

16.45 – 17.00 **Exit Event** with good-buys with part of hosting staff RC Zoom Room stays open for 15mi

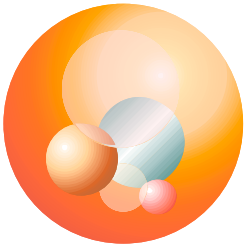
Technical Tips

CONFIRMATION OF ARRIVAL: In order to send you the Zoom link in time to enter the virtual room, in which we will gather at this workshop, please do your best to confirm your arrival by April 23th at 20:00h latest, by e-mail: stefancerovina1988@yahoo.com or dr.marinamojovic@gmail.com

ARRIVAL TIME: It is advisable to come to the workshop, via the Zoom link which you will receive by email, on Saturday morning, at least 2 hours before the start of the workshop, in order to solve all technical problems and start working at the exact time.

ADDITIONAL TECHNICAL INFORMATION: If you do not already have Zoom, please download and install the application, which can be found at www.zoom.us and is free of charge. For those who confirm participation, we will send a workshop ID and link on Saturday, April 25th at least 11am Eu time. The Zoom Venue of the workshop participants will be active 30 minutes before the start so you have the opportunity to make a connection – named Entry Event. Some members of Hosting staff will be waiting for you there.

ENVIRONMENTAL TECHNICAL RECOMMENDATIONS: It is recommended, if possible, to provide a quiet environment, with privacy, uninterrupted operation with minimal background sounds (without TVs and other electronic devices included). It is also recommended that you mute your mic when not speaking (turn on the mute option, and open audio when you speak).



Historical Background of RC Koinonia

"**Reflective Citizens** " is an activity organized by the **Psycho-social Section of the Group Analytic Society Belgrade (DGAB) in collaboration with Koinonia-Art Training and Learning Community**. It is an extensive program of civic psychosocial workshops, held one at a time in each season. This new methodology of working in “the field”, welcoming all interested citizens to jointly reflect upon the world we live in as persons, families, professionals, sports political, religious, activists endeavors to embrace as much as possible diversity of perspectives.

Initiated in the late Nineties in Belgrade as small citizen gatherings in grass-rooted style, then as small workshops in the early 2000, and to arrive to the current design of the established methodology in 2005. First it was regularly once a year in Belgrade, then once in every season, with gradual development in other Serbian cities and villages, learning to adapt and co-create (conveners and citizens) the new methodology. The workshop, which was held on May 24, 2015. in Belgrade, marked the 10th anniversary of the program in Serbia.

This is a workshop that provides an opportunity for interested participants to talk in a supportive environment as citizens of Serbia, Europe and the world about the current moment, both in ours and in other societies and communities, from their different roles and from different perspectives. It is designed and organized so that participants can think together about different attitudes and experiences, together experience the feelings that emerge and communicate in order to open up space for diversity, slowly becoming different aspects of a richer and more integrated experience and understanding of the current social reality in which we live. The method carefully combines social dreaming, group analytic, group

relation traditions, Listening Posts (Tavistok tradition of psychoanalytic-systemic approach to understanding society and working with organizations) and therapeutic community traditions.

The methodology is carefully, through RC Training, being transmitted to other countries: Bosnia, Slovenia, Croatia, Montenegro, Italy, Greece, Sweden.
All conveners and organizers who use Belgrade RC Methodology are working in collaboration for spreading this work with citizens in various communities – being connected as a RC Learning Community – the Reflective Citizens Koinonia.

International Belgrade RC Conferences (five being held until now) are a place of joint learning about the methodology, developing it, as well as with sibling citizens work as are: in USA Dallas the MLK tables and other reflective citizens groups, Poland on the Couch, *sandwich model* in Israel, EATGA (European Association for Transcultural Group Analysis, Hungarian civic workshops, etc..).

RC Koinonia Founder, RC-Trainer and Convener: Dr. Marina Mojovic - psychiatrist, M.Sc., psychoanalytic psychotherapist, training group analyst, psychoanalytic organizational consultant, president of the Psycho-Social Sciences DGAB. Email: dr.marinamojovic@gmail.com; Tel: +381112910459; Mob. + 381637787642

RC Koinonia Co-founder, RC-Trainer and Convener: Dr. Jelica Satarić - psychiatrist, psychotherapist, training group analyst, with many years of experience working with groups. Member of the DGAB Section. Phone. +381631015796

RC Koinonia Coordination Body: Marijana Ajduković, Stefan Cerovina, Dragana Dragojević Dragoslav Stefanović and Branka Bakić,

WELCOME!

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